

# About Tasha Schuh

Tasha Schuh is an inspirational speaker who equips youth and educators to be resilient for their mental and emotional health. The four components of her speech, PATH (Purpose, Attitude, Team, and Hope), helped Tasha be resilient after a life-changing theater accident at age 16, which left her paralyzed from the chest down. She now lives a vibrant, fulfilling life with her husband and manager, Doug.

Tasha and Doug speak to audiences across the country, focusing on middle and high school students, sharing her message of PATH and resilience. She is also the author of two books “My Last Step Backward” and “My Next Move Forward.” Tasha has received many awards, including The National Rehabilitation Champion Award and The Hometown Hero Award.

Beyond her inspirational message, Tasha is passionate about helping youth build a foundation for resilience in their lives. Tasha and a team of mental health and education professionals created The Power of PATH: Building Resilience for Mental Health and Suicide Awareness Curriculum™. This teacher-led program is designed for grades 6-12.

Whether she’s speaking to an auditorium full of students or adults, Tasha’s message empowers people to build resilience to overcome life’s challenges!

## Kori Stockie, DBH, LPCC, LMAC

Kori has a master's degree from University of Mary in Clinical Mental Health Counseling as well as a master's degree in Addiction Counseling. She has experience providing psychotherapy to adults, adolescence and couples using a variety of therapeutic approaches including cognitive behavioral therapy, dialectic behavioral health therapy, motivational interviewing, and is solution focused. She has experience treating anxiety, depression, trauma, stress and adjustment issues as well as relationship issues. Kori has experience providing continuing education related to behavioral health and enjoys working closely with community partners and community providers. Kori obtained her doctorate degree from Cumming Graduate Institute in Behavioral Health. Her goals include using her DBH to grow the community's behavioral health services and education.

## Worley, Paige

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**From:** Annie Praus <annie\_praus@outlook.com>  
**Sent:** Tuesday, February 6, 2024 9:06 AM  
**To:** Kori Stockie; Worley, Paige  
**Subject:** RE: WRCSW

You don't often get email from annie\_praus@outlook.com. [Learn why this is important](#)

**\*\*\*\*\* CAUTION: This email originated from an outside source. Do not click links or open attachments unless you know they are safe. \*\*\*\*\***

### Aspects of Social Media

This presentation will touch on how social media impacts adolescents, young adults, and adults. A few of the key points that will be discussed during this presentation will be what social media is and how people are using it as well as the positive aspects such as it being used for communication, positive self-esteem, support, and more. A majority of this presentation will be focused on how social media can negatively impact the mental health of many individuals and the challenges that it can cause along with supporting statistical data found in research.

Sent from [Mail](#) for Windows

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**From:** Kori Stockie <koristockie@outlook.com>  
**Sent:** Monday, February 5, 2024 8:58:55 AM  
**To:** annie\_praus@outlook.com <annie\_praus@outlook.com>  
**Subject:** Fw: WRCSW

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**From:** Worley, Paige <cpworley@nd.gov>  
**Sent:** Monday, January 1, 2024 1:20 PM  
**To:** koristockie@outlook.com <koristockie@outlook.com>  
**Subject:** WRCSW

Kori,  
I am putting you on the schedule for Thursday June 13<sup>th</sup> for 1.5 hours. I will give you the exact time as soon as I have the schedule completed.

I am very interested in the topic of Social Media and its effects on Mental Health regarding young adults and adults.

I also need your bio whenever you get a chance to send that.

Thank you so much for agreeing to present. This is our 40<sup>th</sup> anniversary and our theme for 2024 is Legacy of Helping Hands.

Other than the keynote speaker for Thursday, I have been able to keep the speakers local to North Dakota.

Handwritten text in blue ink, appearing to be a signature or a set of initials, possibly including the name "M. J. ...".

# Biography

Melissa Buchholz, LCSW

Melissa Buchholz completed her undergraduate degree in Social Work and Human Development and Family Science at North Dakota State University. She then completed her master's in clinical social work through Florida State University. Melissa is a Licensed Clinical Social worker who worked in Child Welfare for 10 years in Southwest North Dakota working with children and families through the foster care system, child protection, and in home case management with Southwest Dakota Human Service Zone. Recently she opened Phoenix Therapy Center, PLLC in Bowman, ND. She is now providing mental health therapy to children and adults in rural areas and working hard to provide quality mental health care in the rural corner of the state.

## The presentation will be on Rural Mental Health Clinics:

Define the importance of mental health in rural areas.

Briefly mention challenges faced by rural communities.

Overview of Rural Mental Health Clinics

- Explain the role and purpose of these clinics.
- Highlight their significance in addressing mental health disparities.

Challenges in Rural Mental Health

- Discuss unique challenges faced by rural populations.
- Address factors like stigma, limited resources, and accessibility.

Benefits of Rural Mental Health Clinics

- Explore positive outcomes and success stories.
- Discuss the impact on community well-being.
- Case Studies

Present specific examples of successful rural mental health clinics.

Share data and anecdotes to support your points.

Community Engagement

- Emphasize the importance of community involvement.
  - Discuss strategies for effective engagement.
  - Technology and Innovation
  - Explore how technology can bridge gaps in rural mental healthcare.
  - Discuss telehealth and other innovative approaches.
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## Collaboration and Partnerships

- Highlight the significance of collaboration with local organizations.
- Discuss partnerships that enhance clinic effectiveness.

## Policy Implications

- Touch on relevant policies affecting rural mental health.
- Advocate for policies that support these clinics.

## Q&A Session

Allocate time for questions and discussion.

# Objectives

Learning objectives for the presentation on "Rural Mental Health Clinics: Bridging Gaps, Building Resilience" could include:

- **Understand the Importance of Mental Health in Rural Areas:**
  - Define the significance of mental health in rural communities.
  - Recognize the impact of mental health on overall community well-being.
- **Identify Challenges Faced by Rural Communities:**
  - Summarize key challenges, such as limited access to healthcare, stigma, and resource constraints in rural areas.
  - Understand the unique mental health disparities faced by rural populations.
- **Comprehend the Role and Purpose of Rural Mental Health Clinics:**
  - Explain the role and purpose of clinics in addressing mental health disparities in rural areas.
  - Recognize the importance of these clinics in promoting mental health awareness.
- **Analyze Challenges in Rural Mental Health:**
  - Discuss unique challenges faced by rural populations, including stigma, limited resources, and geographical accessibility.
  - Evaluate the impact of these challenges on mental health outcomes.
- **Explore the Benefits of Rural Mental Health Clinics:**
  - Identify positive outcomes and success stories associated with rural mental health clinics.
  - Understand the broader impact of these clinics on community well-being and resilience.
- **Examine Case Studies of Successful Rural Mental Health Clinics:**
  - Analyze specific examples of successful clinics, supported by relevant data and anecdotes.
  - Draw conclusions about the effectiveness of these clinics.
- **Emphasize the Importance of Community Engagement:**
  - Recognize the importance of community involvement in mental health initiatives.
  - Discuss strategies for effective community engagement, including outreach programs and collaboration with local leaders.
- **Understand the Role of Technology and Innovation:**
  - Explore how technology can bridge gaps in rural mental healthcare.

- Discuss telehealth and other innovative approaches to improve accessibility.
- **Highlight the Significance of Collaboration and Partnerships:**
- Understand the importance of collaboration with local organizations, community leaders, and healthcare providers.
- Evaluate partnerships that enhance the effectiveness and sustainability of rural mental health clinics.
- **Examine Policy Implications for Rural Mental Health:**
- Identify relevant policies affecting rural mental health.
- Advocate for policies that support the establishment and sustainability of rural mental health clinics.

These learning objectives are designed to provide a comprehensive understanding of the importance, challenges, benefits, and strategies related to rural mental health clinics, encouraging active engagement and participation from the audience.

Corbin Snyder moved to Beach in April of 2012 and fell in love with the atmosphere of rural North Dakota. I started my law enforcement career at the Dawson County Jail in Glendive MT as a Corrections Officer in 2017. In 2019, I was hired by the Golden Valley County Sheriff's Office where I worked patrol as well as a variety of criminal cases. I have worked everything from petty thefts to narcotics to GSI. I did not know the amount of time I would spend at Home on the Range but learned to enjoy working with the staff and even the kids there.

In May of 2023, I moved to the Southwest Narcotics Task Force as the Rural Task Force Officer where I cover the counties of Adams, Billings, Golden Valley, Hettinger, and Slope as well as the cities in those counties. This has been the most rewarding part of my career as well as the most impactful to what I believe in.

The Southwest Narcotics Task Force is comprised of Agents of the NDBCI and Task Force Agents who are assigned to us from the Dickinson Police Department and the Stark, and Dunn County Sheriff's Offices. Except me, I cover Adams, Billings, Golden Valley, Hettinger, and Slope Counties.

We are funded by our member agencies, Adams, Billings, Dunn, Golden Valley, Hettinger, Slope, and Stark Counties, as well as the cities of Belfield, Dickinson, and Medora, and by grants from the state and federal government.

The goal of SWNTF is not to arrest and prosecute just users, our main goal is to follow the drugs to the source and stop the source.

SWNTF

**Drug trends in SW ND and SWNTF**

**In-Person**

**CURRICULUM**

**Drug trends in SW ND and SWNTF**

**Course Objective**

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To provide students with the role and responsibilities and benefits of SWNTF. As well as the common drug trends in SW ND.

### **Terminal Performance Objectives**

- Students will understand when to call SWNTF and what we can do to assist.
- Students will learn the importance of evidence preservation involving narcotics.
- The benefits of intel vs action will be explained.
- Search warrants and the required wording to cover all items required for a successful narcotics investigation will be discussed.

### **Method of Presentation**

Lecture, discussion, and student participation.

### **Students**

Law enforcement students for ND P.O.S.T. certification.

### **Required Student Equipment and Supplies**

- Computer
- Email
- Notepad and pen

### **Classroom requirements**

Desk/tables and seating for each student with comfortable workspace. Computer with PowerPoint®.

### **References**

**The Role of Narcotics Task Force**  
**Course Content Index**

<u>Subject</u>	<u>Hours</u>
1. What is SWNTF	.10
2. Marijuana	.20
3. Cocaine	.10
4. Methamphetamine	.15
5. Prescription Drugs	.10
6. Heroin	.10
7. Fentanyl	.20
8. Xylazine	.10
9. Overdoses	.15

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2.0 hours

**The Role of Narcotics Task Force**  
**Course Outline**

1. What is SWNTF 10 min
  - i. Who are we and what do we do.
  
2. Marijuana 20 min
  - i. The impact of marijuana and the ways to ingest and the side effects. The impact of legalization.
  
3. Cocaine 10 min
  - i. Ways to ingest and the side effects of use. Why the decline in popularity.
  
4. Methamphetamine 15 min
  - i. The rise in popularity and the side effects of short term and long term use. Meth labs and why they are so dangerous.
  
5. Prescription Drugs 10 min
  - i. How prescription drug use leads to abuse and into illicit narcotics.
  
6. Heroin 10 min
  - i. Types of heroin and ways to ingest and the paraphernalia associated.
  
7. Fentanyl 20 min
  - i. Different analogues of fentanyl the epidemic and overdoses. Paraphernalia commonly associated with.
  
8. Xylazine 10 min
  - i. What it is and the effects.
  
9. Overdoses 15 min
  - i. What an overdose scene looks like and what happens after.

Total time: 120 minutes

**Jill Krone:**

Jill Krone is a Victim Witness Specialist for Eastern North Dakota currently employed with the North Dakota Bureau of Criminal Investigation (BCI) Victim Services Unit (VSU) and is a member of the North Dakota Internet Crimes Against Children (ICAC) Task Force and the North Dakota Human Trafficking Task Force.

Prior to her working for BCI, she was a Parole Officer for the State of North Dakota for 14 years and before that worked at the Clay Co Jail as a Correctional Officer for 8 years. Jill is a graduate from the University of Minnesota-Duluth with a Bachelor of Arts with a double major of Sociology and Criminology. She is also a Certified Brain Injury Specialist experienced in the epidemiology of brain injury and rehabilitation management.

Jill's work with the Human Trafficking Task Force, Cyber Crimes Unit, and Internet Crimes Against Children (ICAC) statewide teams includes, providing training, technical assistance, and crisis support for victims of crime to include exploitation and trafficking. In her role as a Victim Witness Specialist for the Bureau of Criminal Investigation (BCI) covering the Eastern region of North Dakota, Jill provides direct services to victims of violent crimes ensuring that the needs and the rights of crime victims and witnesses are met through compliance with the law, and with respectful, trauma-sensitive, and fair treatment.

### **Dr. Analena M. Lunde, DNP, RN, FNE**

Dr. Analena M. Lunde is currently employed with the North Dakota Bureau of Criminal Investigation (BCI) Victim Services Unit (VSU) as a Victim Witness Specialist for the western region of North Dakota. She has over 25 years of critical care nursing, flight medicine, forensics, and public health experience which has facilitated her work in both the human trafficking, violent crimes, sex crimes, and commercial sexual exploitation fields.

Dr. Lunde serves as a board member and advisor on various local, state, and national human trafficking, Victims of Crime Advocacy organizations, public health, and forensic nurse councils, actively participating in policy development, education, and practice translation. In addition, Dr. Lunde assists the communities in her region with developing best practice response protocols for trafficking survivors and victims of crime with various task forces (Internet Crimes Against Children and Cyber Crimes Unit), US Attorney's Office, Department of Homeland Security, Federal Bureau of Investigation, Bureau of Indian Affairs, ND Bureau of Criminal Investigation, and local law enforcement to identify and prosecute traffickers and offenders. As a Forensic Nurse Examiner, she has been called upon to provide expert opinion/testimony for specific adult and pediatric trial cases.

Dr. Lunde has over 1000 hours in training in the field of victim assistance. She earned her Doctorate in Nursing Practice and has trained nationally for the McCain Institute and the National Network for Youth on issues related to Human Trafficking. She continues to teach public health and leadership/management courses in both the baccalaureate and associate degree for various nursing programs nationwide. Dr. Lunde is a member of the Western Region Child Abduction Response Team (CART) alongside a group of experts who respond to endangered, missing, or abducted children.

Dr. Lunde was awarded the 2022 NDBCI Civilian of the Year Award for her victim-centered work with victims of crime and the 2021 Circle of Excellence Award from Education Affiliates for her work in public health and mentorship for young nurse graduates. She was also recognized by the North Dakota Department of Health as the 2021 Health Equity Champion for the Western region of the Dakotas for her community outreach and advisory board member work with the New American/Foreign born/Immigrant (NFI) Advisory Board.

## **Trafficking, Exploitation, Online Enticement: Crimes Hidden in Plain Sight**

***Presenters:* Jill Krone and Dr. Analena Lunde**

*Description:* Learn the various platforms of recruitment, online enticement/grooming, along with current issues and challenges for law enforcement, juvenile justice system, and victim service providers when assisting victims (youth and adolescents) who face commercial sexual exploitation. Also learn the approaches and models currently used in North Dakota and nationally to identify, intervene with, and support this population and their families. The training will emphasize prevention and provide practical tips and resources to combat sexual exploitation of children.

West River Conference of Social Welfare 2024  
Medora, North Dakota

**Speakers Bio: David Conrad**

David Conrad, LCSW, is a clinical social worker who previously worked in child welfare, juvenile justice, hospital social work and in prisons. He was born and raised in Bismarck. He served on the faculty of the University of Colorado School of Medicine from 2000 until he retired in 2022. David began assisting child protection workers with their secondary trauma in Texas while serving as Director of Programs for the CIVITAS Child Trauma Program. He continued his secondary trauma work in Colorado until he retired. In 2012, David began his current work as a consultant with the North Dakota Children and Family Services Training Center assisting North Dakota Child Welfare and RCCF staff with their acute trauma, providing secondary trauma training and resiliency training as well. In 2012, he co-authored an article titled Compassion Fatigue, Burnout and Compassion Satisfaction Among Colorado Child Protection workers which appeared in the October, 2006 issue of the *International Journal of Child Abuse and Neglect*.

**Presentation Summary**

*Practicing Gratitude and Positive Thinking*

At the conclusion of this educational program, participants will have:

- A better understanding of gratitude including how they can benefit from identifying and acknowledging to themselves what they are grateful for.
- In this group interactional training participants will be encouraged to reflect on and share with the group why they think it's important for them to express their gratitude and what they see as the obstacles to their practicing gratitude on a more regular basis.
- The facilitator will identify how cultivating a sense of gratitude can increase your life satisfaction and overall well-being.
- The facilitator will also pinpoint strategies participants can put in place to more regularly and consistently identify that which they feel grateful for.
- At the conclusion of this training the facilitator will provide participants with a piece of paper and encourage them to write a letter to a person expressing their gratitude for what they have given you

Lea Saga

Biography/Presentation Summary/Expense Request

West River Conference of Social Welfare 2024

Presenter Bio

Lea Saga graduated with an MSW in 2007 from the University of North Dakota and has undergraduate degrees in Political Science and Social Work. She has been working in the field as a Licensed Master Social Worker since that time. Areas of clinical interest include geriatric mental health, grief and loss, ethical issues, and adjustment issues across the life span. Lea has been an active member of NASW and completed ongoing training in the area of older adult mental health, bereavement, and anticipatory grief. Lea is married and has two children. Lea was brought on as part of the UND social work department in 2020.

Contemporary Issues in Politics and Social Work Ethics

Contemporary issues in politics and social work ethics often revolve around navigating the intersection of personal values, professional responsibilities, and societal expectations. The NASW Code of Ethics emphasizes social justice, public policy, and social change as integral to the profession's mission, presenting both opportunities and challenges for social workers. Conflicts may arise when individual values clash with professional obligations, potentially impacting the therapeutic relationship and leading to boundary issues. Social workers must continuously navigate these complexities to effectively serve their clients while upholding ethical standards and advocating for social justice.

Expense Request

Hotel Accommodations June 12 and June 13

Conference Attendance

Mileage Reimbursement 776 miles at IRS rate of 67 cents per mile=\$519.92